



**Training Calendar for 2011-12 Stephen Ministry Training**  
**Buford 1<sup>st</sup> UMC**

Classes meet on Sunday afternoons from 4:30-7:00 pm in the Benson House.

- Suzanne**     **October 16<sup>th</sup>** - Module 1: The Person of the Caregiver
- Ashley**     **October 23<sup>rd</sup>** - Module 2: Feelings-Yours, Mine, and Ours
- Suzanne**     **November 6<sup>th</sup>** - Module 3: The Art of Listening
- Suzanne**     **November 13<sup>th</sup>** – Module 4: Distinctively Christian Caring Part 1
- Suzanne**     **November 26<sup>th</sup>** - Module 4: Distinctively Christian Caring Part 2
- Suzanne**     **December 4<sup>th</sup>** – Module 5: Process vs. Results in Caregiving- \*Very important
- Suzanne**     **December 11<sup>th</sup>** - Module 6: Assertiveness-Relating Gently & Firmly Part 1  
 (\*time change-meeting at **noon following the 11 am** service-we will do lunch)

----- Break for Christmas----Remember to practice assertive techniques over the holiday (:

- Suzanne**     **January 8<sup>th</sup>** - Module 6: Assertiveness-Relating Gently & Firmly Part 2
- Gerry**        **January 15<sup>th</sup>** - Modules 7 & 8: Maintaining Boundaries and Crisis Theory & Practice
- Gerry**        **January 22<sup>nd</sup>** – Module 9 Confidentiality \*very important session-try not to miss
- Suzanne**     **January 29<sup>th</sup>** – Module 10 Telecare: The Next Best Thing to Being There
- Gerry**        **February 5<sup>th</sup>** – Module 11 Using Mental Health Professionals & Other Community Resources
- Ashley**     **February 12<sup>th</sup>** – Module 12 – Ministering to Those Experiencing Grief
- Suzanne**     **February 19<sup>th</sup>** - Module 13 – Dealing with Depression: the Stephen Minister’s Role
- Suzanne**     **February 26<sup>th</sup>** – Module 14 – Helping Suicidal People Get the Help They Need
- Ashley**     **March 4<sup>th</sup>** – Module 17: How to Make a First Caring Visit
- Ashley**     **March 11<sup>th</sup>** – Module 16: Supervision – A Key to Quality Christian Care Part 1
- Ashley**     **March 18<sup>th</sup>** – Module 16: Supervision – A Key to Quality Christian Care Part 2
- Ashley**     **March 25<sup>th</sup>** – Module 15: Bringing the Caring Relationship to a Close
- Suz&Ash**   **April 9<sup>th</sup> /Monday evening-** Module 18: Follow Me- a time for review & inspiration as trainees get ready for commissioning.

**\*\*April 15<sup>th</sup>** –Stephen Ministry Sunday with \*Commissioning of our Stephen Ministers at both Sunday services